SEMINARY OF OUR LADY

Minor Seminary of the Archdiocese of Goa and Daman



HANDBOOK AND CALENDAR 2025-2026

73rd Year of Formation

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SEMINARY OF OUR LADY, Seminary Niwas Near Church of St Francis Xavier Duler, Mapusa-Goa, 403507 Phone No. 9834846599

VISION & MISSION

OURMOTTO: Seek the things that are above ('quae sursum

sunt, sapite' - Col 3,2).

OUR VISION: To have well formed young men, who, animated

by the liberty and charity emanating from the Gospel, will dedicate themselves, eventually as ordained priests, to the services of the humankind, following in the footsteps of Jesus

Christ, our High Priest.

OUR MISSION:

- 1. To motivate the students to always aim high, by providing them avenues for their holistic development through the realization of their God-given talents.
- 2. To enable the students to accept each other in mutual respect and love and to instill in them that service to humankind in a spirit of Synodality, is the highest Christian virtue as shown to us by our Redeemer and Lord, Jesus Christ.
- 3. To foster in them a true sense of patriotism that will lead them to energetically work for the development of the nation's poor and the marginalized and thus help build a strong and enlightened India.

A GLANCE THROUGH HISTORY

The Seminary of Our Lady, Saligao-Pilerne was the dream of Archbishop- Patriarch D, Teotonio Vieira de Castro (1931- 1940). He thought of building a new Seminary that would be large enough to accommodate 400 to 500 Seminarians. Prior to that, the Minor-Seminarians, who were also known as external students, lived in rented houses, known as 'Comensalidades', around the Patriarchal Seminary of Rachol and even at Mapusa, in North Goa. The foundation stone of the new Seminary was blessed by the Patriarch himself and laid by Major Higino Craveiro Lopes, incharge of the State Government, on the 8th December, 1937, in the presence of a distinguished gathering and a large crowd.

Due to the Second World War and the paucity of funds and materials, the construction work got delayed, until Patriarch, D. Jose da Costa Nunes, the successor of D. Teotonio, sent an appeal to all to donate generously towards the construction of the new Seminary. The project received a great boost when a large donation was made by the Portuguese Government, followed by other donations, accelerating the pace of the construction. Fr. Paulo Arcanjo de Menezes, from Sangolda, supervised the construction work of the Seminary with great zeal and dedication. The interior work e.g. tiling, etc. of the old wing of the Seminary was completed by Fr. Inacio Lourenco Pereira of Albutriel (Diocese of Leiria, Portugal) at the request of D. Jose da Costa Nunes.

His Eminence Cardinal Manuel Gonsalves Cerejeira, Patriarch of Lisbon and Legate 'a latere' of His Holiness Pope Pius XII for the Expositon and fourth centenary celebrations of the death of St. Francis Xavier, inaugurated the First Phase of the original plan of the Seminary, on the 6th of December, 1952.

The Seminary Chapel was dedicated to Our Lady of Rosary of Fatima. Through an Order dated 13th March, 1953, issued by the Patriarch, The 'Preparatory Course' of Rachol Seminary and the staff teaching it were shifted to the new Seminary of Saligao- Pilerne. The first Academic Year began with a Solemn Session on the 22nd of June, 1953 presided over by the Governor General While the Patriarch of

the East Indies was the Guest of Honour. Msgr. Altino Ribeiro de Santana, later Bishop of Sa de Bandeira (Angola) and Beira (Mozambique), was appointed the first Rector of the new Seminary.

Just before the Liberation of Goa, the third Rector, Msgr. Raul N. Gonsalves, former Archbishop Patriarch of Goa and Daman, due to the increasing number of candidates aspiring for priesthood, began the construction of the North wing of the Seminary. The work was completed in 1968, by Msgr. Alfredo das Angustias Mesquita, the fourth Rector. This was the Second Phase of the construction. The North West wing of the original plan has not been taken up for construction.

The Minor Seminary had its curriculum different from the official school curriculum. Consequently, students leaving the Seminary would face difficulties in getting integrated (or re- integrated) in the school curriculum. To obviate this difficulty the syllabi for STD: VIII, IX and X of the Secondary School, prescribed by the Goa Board of Secondary and Higher Secondary Education, were introduced in the Seminary. Thus, in 1976, the Seminary of Our Lady High School, came to existence recognized by the Government of Goa and the Goa Board of Secondary and Higher Secondary Education, due to the persistent efforts of the fifth Rector, Fr. Cromancio Mascarenhas and the Diocesan Society of Education. Right from the time of its recognition, this School has won laurels due to its good results at the Board examinations, which is a testimony to the high standards demanded by the teachers from the students of this Seminary.

During the tenure of the sixth Rector, Rev. Fr. Manuel Pinto do Rosario, the construction of an appropriate building, the "Seminary Niwas", at Duler, Mapusa was successfully completed. Niwas has served as a residence to our Minor Seminarians pursuing higher secondary education in St. Xavier's Higher Secondary School, till the academic year 2021 and now from 2021-22 it serves as residence for the seminarians graduating at St Xavier's College, Mapusa, run by the Archdiocese of Goa.

During the tenure of Rev. Fr. Manuel Gomes the seventh Rector, extensive repair and renovation work was taken up and the corridors' windows were fixed with glass panes, boundary walls of the Seminary property were fortified and special efforts were made to strengthen the financial condition of the Seminary. On the occasion of the Golden Jubilee Fr Manuel published a valuable book entitled 'From Roots to Fruits' on the History of the Seminary.

The eighth Rector, Fr. Avinash Rebelo, initiated the project of turning the barren land of the Seminary into a mango orchard with Rain Water Harvesting.

Fr. Tony Salema, the ninth Rector, carried forward the Mango orchard project with the help of the Prefects and the students. He also took up the renovation work of the whole roof of the Seminary by changing the deteriorating Cement Asbestos sheets to Galvanum sheets. So also he changed the flooring of the ground floor and the dormitories on the first floor. Additional bathrooms, other repairs and water proofing of the roof were also done. He also introduced use of solar energy and re-enforced the financial condition of the Seminary together with other members of the staff.

In the seven decades of its existence, hundreds of students have passed through the portals of this Seminary, some of whom became priests, while others work in different capacities in Goa and elsewhere.

The red- letter day in the annals of the Seminary was when one of its alumini, Rev. Filipe Neri Ferrao, was chosen as the Auxiliary Bishop of Goa and Daman on the 25th of Jan 1994. He was ordained Bishop on 10th April, the same year. He was installed as Archbishop of Goa and Daman and Patriarch of East Indies on 21st March 2004 and on 27th August 2022 he was elevated to the rank of a Cardinal. Another student, Rev. Anil Joseph Thomas Couto, is presently the Archbishop of the Archdiocese of Delhi. Rt. Rev. Allwyn Barretto, Bishop of Sindudurg also was a student of this Seminary for two years. Most recently, Rev. Simiao Purificacao Fernandes, also a student of this Seminary was ordained bishop on 17th June 2024 and has been appointed Auxiliary Bishop of our Archdiocese.

With such a glorious tradition behind us, we launch into the 73rd Formation Year of the ministry of this our beloved Seminary with full trust in God, whose love urges us on to train young boys to FOLLOW CHRIST under the patronage of our Heavenly Mother, Mary.der the patronage of our Heavenly Mother, Mary.

REQUIREMENTS FOR ADMISSION IN THE SEMINARY

"In minor seminaries founded to nurture the seeds of vocation, students should be prepared by a special religious formation and, specially, by suitable spiritual direction, to follow Christ the Redeemer with generous souls and pure hearts."

Decree on Priestly Training,'Optatam Totius' of Vatican. Council II)

LIST OF DOCUMENTS REQUIRED FOR INTERVIEW

- 1. Fitness Certificate from a Registered Medical Practitioner
- 2. Latest Marks sheet /Results
- 3. Recommendation letter from Parish Priest

LIST OF DOCUMENTS REQUIRED FOR ADMISSION

(Besides the documents mentioned for the interview)

- 1. Application to Archbishop- Patriarch expressing their desire to join the Seminary
- 2. Birth Certificate
- 3. Baptism/Confirmation Certificate
- 4. School Leaving Certificate
- 5. Copy of Aadhar Card
- 6. 3 Photos
- 7. Bonafide Certificate
- 8. Income Certificate if receiving any scholarship
- 9. Bank Book Copy if receiving any scholarship
- 10. Any Certificate of Reservation (ST, SC, OBC, Disability) if receiving any scholarship.

LIST OF THINGS REQUIRED WHEN JOINING THE SEMINARY

CLOTHES

- 6-8 sets of daily wear clothes (Shirts, T-shirts and Short pants)
- 4 sets of formal clothes for mass/other casual clothes
- 4 sets of games dresses (Jerseys)
- 8 sets of under garments (under wears and singlets/banians)
- 1 set of Seminary Uniform (Long sleeves white Shirt, Long black pant and Tie)
- 2 sets of School Uniform (Light brown short sleeves shirt and dark brown long pant)
- 2 sets of night wear
- 8 Handkerchiefs

RELIGIOUSARTICLES

- Photo frame of Jesus and Mary, Crucifix, Rosary
- English Bible (NRVS or Catholic) and Povitr Pustok (Adlo ani Novo Korar)
- Hymnals: With Joyful Lips, Praise the Lord, Gayonacho Jhelo

FOOTWEAR

- Black formal shoes and black socks
- Black school shoes and white socks
- Football shoes and socks
- Formal sandals
- Slippers

TOILETRIES

- Body and washing soaps, soap cases, toothbrush & washing brush, hair oil, comb, etc
- 3 Body towels, 3 hand towels
- Bucket and mug

SCHOOLSUPPLIES

- School bag
- Stationary (compass box, pen, pencil, rubber, ruler, colours, etc)
- Some note books (various kinds)

MISCELLANEOUS

- 4 sets of single bed covers, bed sheets, pillow cases
- 1 Blanket
- 20 Hangers
- Plate, cup, fork, spoon, knife
- Small table cloth
- Water Bottle
- Umbrella and Raincoat
- Alarm Clock

SEMINARY LIFE AND DISCIPLINE

Jesus, the High Priest, instituted the Sacrament of Priesthood to carry forward the mission of His Father. The journey towards this Priesthood of Christ consists of 3 fold stages i.e. Vocation, Formation and Mission. Firstly, Jesus chooses and calls the apostles irrespective of their difference. Secondly, Jesus forms them with His close and personal experience. Finally, He sends them to be messengers of love and mercy. Today Jesus continues to call, form and send the priest to work in His vineyard. Some of them responding to this call join the Saligao Seminary to be a Diocesan Priest. Firstly, Seminary helps one to identify and discern his Priestly vocation. Secondly, it gives experience and moulds oneself unto the heart of Jesus and finally it prepares them to be ardent witnesses of Christ. Thus each Seminarian as he discerns his vocation has to constantly walk the path of holiness by observing the given timetable and discipline of the Seminary.

TIMETABLE

Morning Rising: Seminarians should rise in the morning at the sound of the bell and offer their day through prayer. The seminarians are called to praise God at the start of the day by listening to the voice of God in the bell.

Meditation: Everyday one has to actively participate in the $\frac{1}{2}$ hour meditation which helps them to be aware and mould oneself by reflecting on the gospel.

Mass: Eucharist is the greatest opportunity to experience Jesus and carry Him throughout the course of the day. Thus all Seminarians should participate in the mass worthily, lively, with proper disposition and formal cloths.

Breakfast: After mass all the seminarians go in line and in silence for their breakfast. Silence ends after breakfast during the weekdays in order to get set for the school quickly.

School: Seminarians should work hard to acquire knowledge and grow in wisdom. One should give his best in studies and also build healthy relationships with everybody (teachers, staff, boys, girls, etc) involving themselves in the extra-curriculum activities for the sake of overall development.

Lunch: Seminarians should share the healthy and nourishing food by observing all the table manners with a prayer before and after meals. Nobody moves out of the refectory without due permission from the Senior CR.

Recreation: To relax themselves Seminarians can play indoor games like table tennis, carom, chess, etc which will help them to revive.

Group study: Seminarians should make the best use of group study time by helping each other to excel in studies and building unity.

Hobby cultivation: God given talent like music, drawing, writing, singing, etc has to be cultivated and nurtured at this time by learning and practicing the skills with dedication.

Work: As priest our mission is to work for Christ. Thus seminarians should be ready to do any kind of work with total dedication, enthusiasm and responsibility.

Games: All the seminarians have to be on the playground during the games time unless has a valid reason not to play. Those who don't wish to play have to work in the main garden.

Bathing: All should have proper bath in their respective bathrooms without making noise within the given time.

Study Time: This Study time is known as golden silence. One has to use

this time for serious study with complete silence without moving from place or engaging in other activities than studies.

Scripture and Spiritual Reading: Seminarians should faithfully read the Bible and life of the Saints in order to know and deepen one's faith during the scheduled time as well as other time.

Rosary: Mother Mary is close to every priest and seminarians. Seminarians should seek Her protect with proper devotion and make conscious efforts to pray the rosary devoutly and faithfully.

Adoration: Seminarians should experience the love of Jesus by worshiping and adoring Him in the Blessed Sacrament not only during adoration time but also in personal prayers.

Dinner: After the initial prayer and a short reading dinner is served. After the final prayer all move to Chapel for Spiritual Communion prayer. Seminarians should maintain silence for dinner on Tuesdays and Fridays.

Night Recreation: It is a time for re-enforcing relationships among the student through group activities. It is also time for self improvement by showcasing/enhancing one's talents.

Night Prayer: Recollecting the whole day Seminarians should Thank God for the blessings and ask pardon for sins during the night prayer. No one should indulge in talking after night prayer.

Cultural Activities: Every month there are various kinds of activities organized for the Seminarians so that they grow in leadership, responsibility, happiness, confidence, etc. Thus all seminarians should compulsorily participate in some or the other activity for all round formation.

Retreat, Recollections, Spiritual directions and Confessions: From time to time Seminarians should worthily participate in these activities for the spiritual nourishment and to discern their vocation.

DISCIPLINARY MATTERS

- 1. Discipline is a joint effort of all. Hence, all the Seminarians should punctually abide by the given time-table and strictly observe the discipline of the house. They shall avoid loitering in the corridors, dormitories, study hall or in the refectory beyond the stipulated time. Once the preparation bell is given they should refresh and prepare themselves for the next activity.
- 2. Seminarians should strive to deepen their knowledge of English and Konkani through appropriate reading. Hence, Reading of books, magazines and newspapers to update oneself during the spare time is a must.
- 3. Cleanliness is next to godliness. Thus, one should maintain personal cleanliness and also strive to keep their dormitories, study- halls, classrooms, corridors and all other public places clean.
- 4. The students are expected to be honest, sincere, and truthful in their behavior and avoid cheating or manipulating things. They should respect the things of the Seminary and use natural resources like water, electricity, etc responsibly.
- 5. Amidst trials and tribulations of Priestly journey one should always try being happy and avoid criticizing things and people.
- 6. The students should respect and obey their authorities and give all cooperation for the maintenance of discipline, cleanliness and punctuality in the divisions.
- 7. Seminarian should always strive to grow and cultivate the important virtues of priestly life. One should be sensitive, hard working and compassionate.
- 8. Seminarians should live a simple and humble life. So they should

- make conscious efforts to keep oneself away from possessing luxurious gadgets or clothes or living a posh life.
- 9. Students should refrain from entertaining anyone, be their family, friends or even ex-students of this seminary, in their dormitories or study halls. They should meet them in the parlour.
- 10. Each and every Seminarian is expected to meet his Parish Priest at the beginning of his holiday and before returning to the Seminary.
- 11. Seminarians will be allowed to make a call to their parents only on Saturdays and Sundays during the recreation time. Parents are requested not to ring up the Seminary except in urgent cases.
- 12. The parents may visit their ward preferably on Sundays any time between 02:00 and 5:00pm. Parents should meet their wards in the parlor unless they wish to meet the prefect or rector or have work in the office. However, they should refrain from visiting too often. On any other day, a prior appointment must be made.
- 13. Besides the Day with the family and other stipulated vacations, the students will not be allowed to go home. With the exception of the weddings of the siblings, or in case of grave sickness or death of close relative, for which the parents will have to seek the permission of the authorities.

PROGRAM FOR THE PROPAEDEUTIC YEAR

Human Formation

- Short term courses in Group Dynamics, Psycho- Sexual integration, Psycho Spiritual integration, Public Speaking, REBT, Enneagram. All these courses will have the 'follow up'.
- Manual work as mentioned in the schedule daily.
- Manual work for a week in the farm or in the property along with the labourers.
- Annual Fete on the occasion of the Christ the King
- Animating and guiding the young seminarians in the liturgical celebration and choir
- 2 Football Encounters: 1. Seminarians from other Seminary 2. Parish Youth.
- Cultural program for the Inaugural Day, feat day and Annual day (Alternate year)
- Organised recreations
- Celebration of the days of the two saints (Mission Academy): St. John Marie Vianney and St. Joseph Vaz.

Intellectual formation

- Regular classes from 8:30 am to 10: 45 am (3 classes, each consisting of a duration of 45 minutes). The subjects include Latin (3 classes a week), Konkani (3 classes...), English (3 classes...), church Documents (3 classes...), Spirituality (2 classes...) and Scripture (1 class). The class in Spirituality shall include the following topics: Introduction to Spirituality, Methods of prayer, spiritual direction, diocesan spirituality and Discernment.
- **Practical Application period from 11:05 am to 11:45 am**: Liturgy (2 classes...), Eastern Meditation (2 classes...), Music (1 classes...)
- There won't be regular classes on **Thursday.** This day will be utilised for their personal study and other programs that the seminary would conduct during the course of the year.
- Book Summary

- Seminary happenings (Public Board): Writing of articles, poems ... (three times in a year)
- Preparing of Seminary Echoes Seminary Magazine.

SPIRITUAL FORMATION

- All Spiritual activities mentioned in the Everyday Schedule.
- Two annual retreats (3 days each)
- Monthly Recollections and Sacrament of Reconciliation
- Five days' discernment retreat
- Spiritual Integration in Groups (Once in every month)
- Spiritual Journal (daily) and Spiritual direction ((Once in every month)
- Ashram Experience/Nature Experience/Self Realization
- Liturgy preparation for the important feasts: Sacred Heart of Jesus, Our Lady of Assumption and Christ the King
- Animating the Holy hour prayer (once in a week. Each one takes the turn)
- Writing the Sunday Liturgy (once in a week. Each one takes the turn)

PASTORAL FORMATION

- SSVP visit once in a week
- One day in the Parish during the Vocation Sunday
- A day's program in the old age homes/orphanage/caritas.
- Helping the parish priest and the Assistance in the respective Parish. Staying in a parish for two to three days according to the program of the respective Parish Priest.
- The four above mentioned aspects of formation overlap

GUIDELINES FOR SEMINARIANS DOING THEIR STUDIES FROM HOME

Seminarians need to grow in responsibility under the leadership and supervision of their Parish Priest and the guidance of their parents in this phase of their formation. They will also have a prefect who will interact with them.

I. PRAYER LIFE

They will participate in the annual retreat and monthly recollections at the Seminary.

They are expected and strongly recommended:

- a. To participate in the daily celebration of the Holy Eucharist.
- b. To spend some time every day before Blessed Sacrament.
- c. To experience Jesus in the daily meditation on God's word.
- d. To frequently receive the Sacrament of Reconciliation.
- e. To say the daily Rosary together with their family members.
- f. To remain faithful to other daily spiritual duties, like Morning and Night Prayer, Angelus, Spiritual and Bible Reading, Examination of conscience, etc.

The Parish Priest will submit annual report of the Seminarian in the month of May.

II. APOSTOLATE

- a. It goes without saying that the Seminarians should spend their time with their parents and dear once at home and render them all possible help and assistance in their domestic work and show them love and affection in every possible way
- b. As far as possible, they should participate in the religious services held in their church and help their parish priests, especially being part of different associations like Youth, Legion of Mary, Catechism group, etc.

- c. They are recommended to be involved in whatever social activities that may be organized by the parish. It will be highly appreciated if they visit and help the sick, the poor, the aged and the suffering in their village.
- d. It is strongly desired that, with their spirit of faith, love and obedience, habits of discipline and order, they influence their siblings, peers and friends to live a truly Christian life.
- e. Wherever they may be and whatever they may do, the Seminarians are expected to be 'light of the world' and 'the salt of the earth' and thus be true witnesses of Christ. They should learn to prize those qualities which are highly regarded among men, such as sincerity of heart, a constant concern for justice, fidelity in one's word, courtesy of manner, restraint and kindliness in speech.

III. OTHER ACTIVITIES

- a. The Seminarians are reminded that they should devote worthy time to their studies and utilize their leisure time in useful hobbies, such as reading good books, playing musical instruments, singing, etc that will help them to enrich their knowledge, talents and culture.
- b. While we recommend that they take part in educational and cultural programes, they are also strongly advised to keep away from unhealthy entertainments, books and periodicals and, above all, company which may appear dangerous in any way.
- c. They are encouraged to play outdoor and indoor games, do physical exercises and manual work every day to create in themselves an appreciation for the dignity of labour.

RECOMMENDATIONS TO PARENTS/GUARDIANS

- 1. The parents/ guardians are the primary formators of their children. The Seminary carries forward and complements the role of the parents. Therefore, during the time Seminarians are at home it is natural that the parents involve themselves in their formation and join hands with the Seminary authorities in molding their child efficiently.
- 2. Parents/guardians are expected to do their part in inculcating regular work habits and discipline in their children. However, nobody can be expected to study profitably without proper relaxation, recreation and games. Hence, parents/guardians should encourage their sons/wards to participate in the numerous co-curricular activities organized in the Parish/Seminary.
- 3. Youth today have to face problems and difficulties different from the yesteryears. Therefore, parents/guardians should encourage their sons/wards to confide in them with their problems/doubts. They should give their sons/wards time. The seminarians must feel that their parents are genuinely interested in their growth and well-being.
- 4. Parents/guardians should bring to the notice of the Prefect/Rector any concerns that they may have regarding the growth of their son. They should also discuss the matter with their Parish Priest.
- 5. Parents and guardians must realize that their help and co-operation is needed for their children to get the full benefit of the training given to them in the Seminary/Parish.

COMMON PRAYERS

OPENING PRAYER

O Lord, open my lips,

And my mouth shall declare your praise.

Glory be to the Father, and to the Son and to the Holy Spirit.

As it was in the beginning, is now and ever shall be world without end, Amen

Dear God, Thank You for protecting me throughout this night, and for safely bringing me to the beginning of this beautiful day. I surrender all my joys, sufferings, family, friends and myself into Your hands.

Heavenly Father, help me to be attentive to you in prayer, diligent during my studies, moderate when I eat and drink, and enthusiastic in fulfilling all my responsibilities.

Loving Jesus, teach me to be obedient to my superiors, honest with my colleagues and kind towards the needy.

Dear Holy Spirit, lead me by your wisdom to keep my conscience clear by avoiding evil and doing Your will in my thoughts, words and deeds.

Mary my Mother, protect me from all harm and guide every step that I take, interceding for me as I make this prayer to my Creator God the Father, in the name of my Redeemer Jesus through the power of the Holy Spirit. Amen.

MORNING OFFERING

O God, our Father, I offer you my day. I offer you, my prayers, thoughts, words, actions, joys and sufferings in union with your Son, Jesus Christ, who continues to offer Himself in the Eucharist, for the salvation of the world. May the Holy Spirit, who guided Jesus, be my guide and strength today so that I may witness to your love.

With Mary, the Mother of our Lord and of the Church, I pray especially for the intentions of the Holy Father for this month. Amen.

PRAYER TO THE HOLY SPIRIT

Spirit of the loving God, enter our souls and make our hearts ready. By your light, illumine the darkness of our minds, by your fire warm our cold hearts, by your grace, fill us with your power. May we see what is right, do what is good, persevere in what is holy and live in your love, your peace and your joy, Amen.

PRAYER BEFORE STUDIES

Heavenly Father, You want us to study in a serious and responsible way. Send your Holy Spirit to create in us a great interest and taste to learn our lessons, to help us understand and grasp what we study, to use our precious time fruitfully and to work hard in order to retain in our minds all we need to grow in knowledge and wisdom. We make this prayer through Jesus Christ Our Lord, Amen.

PRAYER FOR THE BENEFACTORS

God, Our Father, we thank and praise you for the love and concern You are showing us through the loving kindness and generosity of our dear benefactors. We ask you to abundantly bless them and their families, to give them true peace, joy and happiness and to grant them health of mind and body so that they may continue to love and serve you generously all the Days of their life (a short pause).

Grant also pardon, peace and eternal rest to all people specially to our Benefactors who have left this world. May all of them meet You face and enjoy Your light and presence in Heaven. We ask this through Christ Our Lord. Amen.

PRAYER TO GROW IN ONE'S VOCATION

Dear Jesus, You are my Lord and Master. You love me and that is why you have brought me here in the Seminary. Grant me the grace to know my vocation better and to be more and closer to you.

Help me, dear Jesus, to be open to your Spirit so that I may follow you wholeheartedly, Amen.

ANGELUS: DURING THE YEAR

V/. The angle of the Lord declared unto Mary

R/. And she conceived by the Holy Spirit

Hail Mary, full of grace

V/. Behold the handmaid of the Lord

R/. Be it done to me according to your word

Hail Mary, full of grace

V/. And the word was made flesh

R/. And dwelt amongst us

Hail Mary, full of grace

V/. Pray for us, O Holy Mother of God

R/. That we may be worthy of the promises of Christ.

Let us pray: pour forth, we beseech You, O Lord, Your grace into our hearts that we, to whom the incarnation of Christ, Your Son, was made known by the message of an angle, may by His passion and cross be brought to the glory of his resurrection. We ask this through Our lord Jesus Christ, Our Lord, Amen.

May the divine assistance be with us always. Amen

May the faithful departed through the mercy of God rest in peace. Amen.

ANGELUS: EASTERTIDE

V/. Queen of Heaven, rejoice, alleluia

R/. For He whom you did merit to bear, alleluia

V/. Has risen as He said, alleluia

R/. Pray for us to God, alleluia

V/. Rejoice and be glad, O virgin Mary, alleluia

R/. For the Lord has risen indeed, alleluia

Let us pray: O God, you gave joy to the world through the resurrection of Your Son, Our lord, Jesus Christ, grant that we may obtain, through His Virgin Mother, Mary, the joy of everlasting life. Through Christ our Lord. Amen

May the divine assistance be with us always. Amen

May the faithful departed through the mercy of God rest in peace. Amen

ADMINISTRATION



Arch bishop Patriarch Filip Neri Cardinal Ferrao



Auxiliary. Bishop Simiao Purificacao Fernandes.

SEMINARY STAFF

Rector: Rev. Fr. Valeriano Joaquim Vaz

Spiritual Directors: Rev. Fr. Norbert D'Silva

In-charge of the Seminary Niwas: Rev. Fr. Mariano Travasso

Prefect cum Procurator: Rev. Fr Francis Pires

Prefects: Rev. Fr. Clive Diniz

Rev. Fr. Reagan Fernandes

Professors: Rev. Fr. Mousinho de Ataide

Visiting Faculty: Rev. Fr. Joel Rodrigues

Rev. Fr. Clifford Castelinho and

his Team

Mr. David de Souza Mr. Gary Coutinho

On the Staff: Rev. Fr. Pio Herman Fernandes

In Communion with All Staff Members of the 3 Diocesan Institutions of Priestly Formation

RESIDENTIAL SEMINARIANS

PROPAEDEUTIC YEAR		
ROLL. NO.	NAME	PLACE
1.	Christon Monteiro	Canacona
2.	Darius Enosh Fernandes	Corlim
3.	Fenson Oliveira	Ambaulim
4.	Frazer Fernandes	Cortalim
5.	Ranford Valerian Da Costa	Siolim

THIRD YEAR GRADUATION			
ROLL. NO. NAME		PLACE	
1.	Brian Peter Pereira	Sawantwadi	
2.	Jordan Emmanuel Mathew Lobo	Anjuna	
3.	Mackenzy Mascarenhas	San Jose Areal	
4.	Roland FernandesKeri,	Pernem	

SECOND YEAR GRADUATION		
ROLL. NO. NAME		PLACE
1.	Aldrich Sywald Dias	Manora-Raia
2.	Caleb Fernandes	Taleigao
3.	Daniel Anthony D'costa	Loutolim
4.	Frank Tony Fernandes	Velsao
5.	Niel Francis Vaz	Vasco
6.	Shawn Xavier Fernandes	Sadolxem
7.	Steve Rodrigues	Guirim

FIRST YEAR GRADUATION			
ROLL. NO.	NAME	PLACE	
1.	Aloysius Fernandes	Saligao	
2.	Dwayne Chris Rodrigues	Colva	
3.	Moses Cardoz	Fatorda	
4.	Sany Vazllha De	Rachol	
5.	Stanzil Fernandes	Arosim	
6.	Venan Enwald Fernandes	Cuncolim	
7.	Veron Carvalho	Tilamol	
8.	Voughan Mathias Fernandes	Corgao	

XII STD		
ROLL. NO. NAME PLACE		PLACE
1.	Arron Carvalho Ambaulim	
2.	Braygan Oliveira	Tilamol
3.	Jonas Jose Fernandes	Taligao
4.	Myron Dias	Corgao
5.	Simon Motes Fernandes	Saligao

	XI STD	
ROLL. NO.	NAME	PLACE
1.	Aloysius Joshua Fernandes	Curchorem
2.	Erwin Chris Rodrigues	Colva

X STD			
ROLL. NO. NAME PLACE			
1.	Levi Valen Miranda	Arosim	
2.	Movish Fernandes	Paroda	

IX STD			
ROLL. NO. NAME PLACE			
1.	Declan Fernandes	Arambol	
2.	Jospeh Emerson Vaz	Dramapur	
3.	Joshua Pinto	San Jose Areal	

SEMINARIANS STUDYING FROM HOME

SEMINARIANS FROM HOME			
ROLL. NO.	NAME	PLACE	
1.	Mevish Dias XII SCI	San Jose Areal	
2.	Austin D'Silva ARTS - I YR	Colva	
3.	Niel Assolkar ARTS - II YR	Verna	
4.	Nigel Pereira MA (Konkani)	Varca	
5.	Slifon Simoes MA (Konkani)	Niwas	
6.	Samuel Andrew D'souza		
	PHD (Physics)	Mapusa	

SALIGAO- PILERNE SEMINARY TIME TABLE

V	WEEKDAYS SUNDAYS HOLIDAYS			LIDAYS	
TIME	ACTIVITY	TIME	ACTIVITY	TIME	ACTIVITY
05.45 am	Rising	06.30 am	Rising	06.30 am	Rising
06.15 am	Meditation	07.00 am	Mass	07.00 am	Mass
06.45 am	Mass	07.45 am	Meditation	07.30 am	Meditation
07.15 am	Breakfast	08.30 am	Breakfast	08.15 am	Breakfast
07.30 am	Off to School	09.00 am	Study	08.45 am	Study
02.00 pm	Lunch	10.30 am	Tea	10.30 am	Tea
02.30 pm	Hobby Cultivation				
	(Silence)	11.00 am	Catechism Class	11.00 am	Study
03.15 pm	Work	11.45 am	Music	12.30 pm	Recreation
04.20 pm	Tea	12.30 pm	Cleaning	12.50 pm	Examination of
			_		Conscience
04.30 pm	Games	12.50 pm	Examination of		
			Conscience0	1.00 pm	Lunch
05.30 pm	Bath	01.00 pm	Lunch	01.30 pm	Recreation
06.00 pm	Study	01.30 pm	Recreation	02.00 pm	Hobby Cultivation
07.50 pm	Spiritual Activity	02.00 pm	Hobby Cultivation	03.15 pm	Work
08.10 pm	Rosary	02.45 pm	Group Study	04.20 pm	Tea
08.30 pm	Dinner	04.00 pm	Tea	04.30 pm	Games
09.00 pm	Recreation	04.15 pm	Games	05.30 pm	Bath
09.30 pm	Night Prayer /				
	Examination of	05.30 pm	Bath	06.00 pm	Study
	Conscience/Silence				
10.00 pm	Bed Time	06.00 pm	Study	07.50 pm	Spiritual Activity
		08.00 pm	Adoration	08.10 pm	Rosary
		08.30 pm	Dinner	08.30 pm	Dinner
		09.00 pm	Recreation	09.00 pm	Recreation
		09.30 pm	Night Prayer/		Night Prayer/
			Examination of	09.30 pm	Examination of
			Conscience/Silence		Conscience/Silence
		10.00 pm	Bed Time	10.00 pm	Bed Time

SPIRITUAL ACTIVITIES AS PER DAY		
Day	Reading/ Adoration	Rosary
Mon	Scrip Reading@ 7.50 pm	Division
Tues	Scrip Reading @ 7.50 pm	Common
Wed	Scrip Reading @ 7.50 pm	Class
Thurs	Div Adoration @ 8.00 pm	Private
Fri	Spiri. Reading @ 7.50 pm	Division
Sat	Spiri. Reading @ 7.50 pm	Common
Sun	Com Adoration @8.00 pm	Private

- · First Friday of Month- Common Adoration
- First Saturday of Month Mass for the Benefactors
- Second Saturday of Month Prefect wise Group Mass
- Every 3rd & 4th Sat of Month Community Mass integrated with Morning Prayer
- Every 2nd & 4th week (Sun/Mon/Tue) Growth Group Session.
- · Guided Meditation Wednesday
- Meditation- Friday/Sunday Common
- Rosary (8.10 pm) Tuesday/Saturday- Common
- Night Prayer (9.30 pm) Division wise Except-Tuesday/Friday- Common (Chapel)
- Spiritual Talk- Tuesday(once a month as per Spiritual Director's Convenience)

THE PROPAEDEUTIC YEAR		
5:45 am	Rising	
6:15 am	Meditation	
6.45 am	Eucharist	
7.15 am	Breakfast	
8.10 am	Morning Prayer	
8:30 am	Regular classes	
10:45 am	Tea Break	
11:05 am	Practical Application.	
12.00 pm	Spiritual Reading/ Scripture Reading	
12:30 pm	Light Reading	
12.50 pm	Examination of Conscience	
1: 00 pm	Lunch	
1: 30 pm	Recreation	
2: 00 pm	Hobby Cultivation/ free time in Silence	
3:15 pm	Manual Work	
4:20 pm	Теа	
4:30 pm	Games	
5:30 pm	Bath	
6:00 pm	Studies	
7:50 pm	Evening Prayer	
8.10 pm	Rosary	
8:30 pm	Dinner	
9.00 pm	Group Recreation	
9.30 pm	Night Prayer/ Examination of Conscience/Silence	
10.00 pm	Bed Time	

SEMINARY NIWAS TIME TABLE

	WEEKDAYS	SUNDAY	s/Holidays
TIME	ACTIVITY	TIME	ACTIVITY
05.30 am	Rising	06.30 am	Rising
06.00 am	Meditation	07.00 am	Mass
06.45 am	Mass	07.45 am	Meditation
07.30 am	Breakfast	08.15 am	Breakfast
07.50 am	Off to College	09.00 am	Study
02.15 pm	Lunch	10.30 am	Tea
02.45 pm	Free time/ Hobby Cultivation	11.00 am	Study
03.15 pm	Work	12.00 pm	Light Reading
04.00 pm	Games	12.30 pm	Lunch
05.00 pm	Tea/Bath	01.00 pm	Recreation
05.45 pm	Study	01.30 pm	Hobby Cultivation/ Siesta
07.50 pm	Rosary	03.30 pm	Work
08.15 pm	Spiritual Activity	04.30 pm	Games
08.30 pm	Dinner	05.30 pm	Bath/Tea
09.00 pm	Recreation	06.15 pm	Study
09.30 pm	Night Prayer	07.50 pm	Rosary
10.30 pm	Bed Time	08.15 pm	Spiritual Activity
		08.30 pm	Dinner
		09.00 pm	Recreation
		09.45 pm	Night Prayer
		10.30 pm	Bed Time

		JUNE 2025
1	SUN	The Ascension Of Our Lord/ Retreat / Staff Meeting I 4.30 pm
2	MON	Retreat / Prefects Meeting I
3	TUES	Retreat ends (at breakfast) / Rector Speaks / Applications
		for Sponsorship
4	WED	Reopening of the School / Administrative Committee
		Meeting- I
5	THUR	
6	FRI	
7	SAT	Mass for the Benefactors
8	SUN	Pentecost Sunday
9	MON	
10	TUES	
11	WED	
12	THUR	
13	FRI	
14	SAT	
15	SUN	Solemnity of The Most Holy Trinity
16	MON	
17	TUES	
18	WED	
19	THUR	
20	FRI	
21	SAT	
22	SUN	Solemnity of The Most Holy Body and Blood of Christ
23	MON	
24	TUE	Solemnity of the Nativity of St. John the Baptist
	WED	
26	THUR	
27	FRI	Solemnity The Most Sacred Heart of Jesus: Rosary and
		mass at 7pm
28	SAT	
29	SUN	Solemnity of Sts. Peter and Paul
30	MON	
_	_	

N.B: Arrival for All Seminarians by 12.00 noon.

The Annual Retreat for the Seminarians begins on 30th May 2025 (after Supper). Arrival of Seminarians at Seminary Niwas on 8th June, by 11.00 am, the annual retreat for the seminarians begins on 13th June (after Supper) and ends on 19th June (at breakfast).

JULY 2025 1 TUES 2 WED Prefects Meeting - II 3 THUR Solemnity of St Thomas the Apostle 4 FRI
2 WED Prefects Meeting - II 3 THUR Solemnity of St Thomas the Apostle 4 FRI
3 THUR Solemnity of St Thomas the Apostle 4 FRI
the Apostle 4 FRI
4 FRI
S CAT Man Code Dan Code / De 24 a F 21 C J 1
5 SAT Mass for the Benefactors / Day with a Family after Lunch
6 SUN Return from Home by 5.30 pm/
7 MON
8 TUES
9 WED
10 THUR
11 FRI
12 SAT Group Mass –I / Recollection begins at 6.30 pm
13 SUN Recollection ends after Lunch
14 MON
15 TUES
16 WED VCDC Ex-Co Meeting at 4 pm17THURS
18 FRI
19 SAT
20 SUN Jubilee of Seminarians21MONFormative Test I (IX/ X)
Begins
22 TUES
23 WED
24 THUR Mid Term Exam (XI/ XII) Begins
25 FRI
26 SAT Formative Test I (IX/ X) Ends
27 SUN
28 MON Staff Meeting II
29 TUES
30 WED
31 THUR Mid Term Exam (XI/ XII) Ends

		AUGUST 2025
1	FRI	Grandparents Day: Visit to Old Age Home
2	SAT	Mass for the Benefactors / Prefects Meeting – III
3	SUN	Literary, Painting, Poster Making Presentations
4	MON	Pastors' Day /Mission Academy I
5	TUES	
6	WED	
7	THURS	
8	FRI	
9	SAT	Group Mass – II
10	SUN	
11	MON	
12	TUES	Triduum in honour of Our Lady: Blessing of Maddi,
		Rosary and Mass
13	WED	Triduum in honour of Our Lady: Sac. of Reconciliation,
		Rosary and Mass
14	THURS	Triduum in honour of Our Lady: Rosary, Mass and Vespers
15	FRI	Independence day & Solemnity of the Assumption of Our
		Lady: Solemn Mass at 10 am followed by Programme,
		Prize distribution and Lunch
16	SAT	
17	SUN	
18	MON	
19	TUES	
20	WED	
21	THURS	
22	FRI	
23	SAT	
24	SUN	
25	MON	
26	TUE	Ganesh Chaturthi Break begins
27	WED	
28	THURS	3 Institutions Meeting
29	FRI	
30	SAT	
31	SUN	

		SEPTEMBER 2025
1	MON	Ganesh Chaturthi Break ends
2	TUES	Prefects Meeting - IV
3	WED	111111111111111111111111111111111111111
4	THURS	Administrative Committee Meeting -II
5	FRI	Teachers Day
6	SAT	Mass for the Benefactors
7	SUN	
8	MON	Nativity of Bl. Virgin Mary, Feast
9	TUES	
10	WED	
11	THURS	
12	FRI	
13	SAT	Group Mass III / Recollection begins at 6.30 pm
14	SUN	Recollection ends after Lunch
15	MON	
16	TUES	
17	WED	
18	THURS	VCDC Ex-Co Meeting at 4 pm
19	FRI	
20	SAT	
21	SUN	Day of Vocation Promotion
22	MON	
23	TUE	Exams (IX/X) Begins
24	WED	
25	THUR	DASA Meeting, 4.00 pm
26	FRI	
27	SAT	St Vincent de Paul: Patron of IX and X Std
28	SUN	
29	MON	
30	TUES	Exams (IX/X) Ends

		OCTOBER 2025
1	WED	
2	THURS	Gandhi Jayanti / Dussehra / Prefects Meeting - V
3	FRI	Gandin Jayana / Dusseina / Trefects Meeting - V
4	SAT	Mass for the Benefactors
5	SUN	Organized Recreation by IX and X Std
6	MON	,
7	TUES	
8	WED	
9	THURS	
10	FRI	
11	SAT	Group Mass – IV
12	SUN	
13	MON	
14	TUES	
15	WED	
16	THURS	Diwali Vacation Begins
17	FRI	Vocation Camp
18	SAT	Vocation Camp
19	SUN	Vocation Camp
20	MON	
21	TUES	
22	WED	
23	THURS	
24	FRI	
25	SAT	
26	SUN	
27	MON	
28	TUE	
29	WED	YCS-YSM CAMP
30	THURS	
31	FRI	Diocesan Altar Servers Football Tournament

		NOVEMBER 2025
1	SAT	All Saints Day / Mass for the Benefactors
2	SUN	All Souls Day
3	MON	Diwali Vacation Ends/ Staff Meeting – III
4	TUES	
5	WED	
6	THURS	
7	FRI	
8	SAT	Group Mass – IV
9	SUN	Altar Servers Jubilee Celebration
_	MON	
11	TUES	
12	WED	
13	THURS	
	FRI	Children's Day
15	SAT	
	SUN	Organised Recreation XI and XII std
	MON	
	TUES	
	WED	VCDC Ex-Co Meeting at 4 pm
20	THURS	
		Maddi, Rosary and Mass
21	FRI	Triduum in honour of Christ the King: Sac. of
		Reconciliation, Rosary and Mass
22	SAT	Triduum in honour of Christ the King: Rosary, Mass
		and Vespers
23	SUN	Solemnity of Christ the King: Eucharistic Adoration,
		Solemn Mass at 4.30 pm, Eucharistic Procession/ Fete
		at 7 pm
	MON	
	TUE	
	WED	
	THUR	
	FRI	
	SAT	
30	SUN	1st Sunday of Advent/ Pilgrimage to Old Goa: Novena
		of St Francis Xavier

		DECEMBER 2025
1	MON	POSPA (Submission of Project Proposal)
2	TUES	Prefects Meeting – VI
3	WED	Solemnity of St Francis Xavier
4	THURS	Administrative Committee Meeting - III
5	FRI	
6	SAT	Seminary establishment Day /Advent Recollection
		begins at 6.30 pm / Mass for the Benefactors
7	SUN	2nd Sunday of Advent / Advent Recollection ends after lunch
8	MON	
9	TUES	Solemnity of the Immaculate Conception of the B.V. Mary
10	WED	
11	THURS	
12	FRI	
13	SAT	Group Mass –V
14	SUN	3rd Sunday of Advent
15	MON	SSC Prelims
16	TUES	SSC Prelims
17	WED	SSC Prelims
18	THURS	SSC Prelims
19	FRI	Goa Liberation Day
20	SAT	SSC Prelims
21	SUN	4th Sunday of Advent
22	MON	SSC Prelims
23	TUES	SC Prelims / Community Christmas Celebration
24	WED	Christmas Break
25	THURS	Solemnity of The Nativity of Our Lord
26	FRI	
27	SAT	
28	SUN	
29	MON	
30	TUE	
31	WED	

		JANUARY 2026
1	THIDC	
2	FRI	Solemnity of B.V. Mary, The Mother of God Return from Holidays
		j
3	SAT SUN	Mass for the Benefactors
5	MON	Duefecta Meeting, VIII/
6	TUES	Prefects Meeting –VII/
7		
	WED	
8	THURS	
9	FRI	C M VII
10	SAT	Group Mass - VI
11	SUN	Feast of the Baptism of Our Lord
12	MON	
13	TUES	
	WED	
	THURS	G 1 1 COLY 1 X D 1 CDXX/X
16	FRI	Solemnity of St Joseph Vaz: Patron saint of PY/ Mission Academy II
17	SAT	Recollection begins at 6.30 pm
18	SUN	Recollection ends after Breakfast / PY Retreat Begins
19	MON	
20	TUE	
21	WED	
22	THURS	DASA Meeting, 4.00 pm
23	FRI	
24	SAT	PY Retreat Ends
25	SUN	
26	MON	
27	TUE	3 Institutions Meeting
28	WED	
29	THURS	
30	FRI	
31	SAT	

		FEBRUARY 2026
1	SUN	
2	MON	Day of the Consecrated / Staff Meeting – IV
3	TUES	
4	WED	
5	THURS	VCDC Ex-Co Meeting at 4 pm
6	FRI	
7	SAT	Mass for the Benefactors
8	SUN	Seminary Community Picnic
9	MON	
10	TUES	
11	WED	
12	THURS	3 Institutions Fellowship
13	FRI	
14	SAT	Group Mass - VII / Day with a Family after Lunch
15	SUN	Staff Meeting IV – (Evaluation) /Return from Home
		by 5.30 pm
16	MON	
17	TUES	
18	WED	Ash Wednesday
19	THURS	
20	FRI	Way Of The Cross at 3:15 pm
21	SAT	
22	SUN	1st Sunday of Lent / Walking Pilgrimage
23	MON	PY Ashram Experience
24	TUE	PY Ashram Experience
25	WED	PY Ashram Experience
26	THURS	PY Ashram Experience
27	FRI	PY Ashram Experience / Way Of The Cross at 3:15 pm
28	SAT	Lenten Recollection begins at 6.30 pm

		MARCH 2026
1	SUN	2nd Sunday of Lent / / Lenten Recollection ends after Lunch
2	MON	Staff Meeting – (Evaluation)
3	TUES	Prefects Meeting –VIII
4	WED	
5	THURS	Administrative Committee Meeting – IV
6	FRI	Way Of The Cross at 3:15 pm
7	SAT	Mass for the Benefactors
8	SUN	3rd Sunday of Lent
9	MON	Staff Meeting- (Evaluation)
10	TUES	
11	WED	
12	THURS	
13	FRI	Way Of The Cross at 3:15 pm
14	SAT	Group Mass - VIII
15	SUN	4th Sunday of Lent / Interaction with the parents of
		Std XI and XII
16	MON	Exams / Staff Meeting- (Evaluation)
17	TUES	Exams
	WED	Exams
19	THURS	Exams / Solemnity of St Joseph: Patron of XI and XII Std
	FRI	Exams /Way Of The Cross at 3:15 pm
	SAT	Exams
22	SUN	5th Sunday of Lent / Interaction with the parents of
		Std IX and X
	MON	Exams
24	TUE	Exams
25	WED	
26	THUR	Chrism Mass
	FRI	Way Of The Cross at 3:15 pm
	SAT	
29	SUN	Palm Sunday of the Lord's Passion/ Interaction with
		the parents of PY
30	MON	
31	TUE	

ı		APRIL 2026
1	WED	AI RIE 2020
\vdash		M1 T11.
2		Maundy Thursday
-	FRI	Good Friday
4	SAT	Holy Saturday
5	SUN	Easter Sunday
6	MON	
7	TUES	Propadeutic Year Exams
8	WED	
9	THURS	
10	FRI	Episcopal Ordination Day of our Archbishop -Patriarch
11	SAT	
12	SUN	2nd Sunday of Easter
13	MON	
14	TUES	
15	WED	
16	THURS	
17	FRI	
18	SAT	
19	SUN	3rd Sunday of Easter
20	MON	
21	TUE	
22	WED	
23	THUR	
24	FRI	
25	SAT	
26	SUN	4th Sunday of Easter
$\overline{}$	MON	,
28	TUE	
29	WED	
30	THUR	

MAY 2026		
1	FRI	Summer Vacation
2	SAT	
3	SUN	5th Sunday of Easter
4	MON	
5	TUES	
6	WED	
7	THURS	
8	FRI	
9	SAT	
10	SUN	6th Sunday of Easter
11	MON	
12	TUES	
13	WED	
14	THURS	Solemnity of Ascension of the Lord
15	FRI	
16	SAT	
17	SUN	7th Sunday of Easter
18	MON	
19	TUE	
20	WED	
21	THUR	
22	FRI	
23	SAT	
24	SUN	Pentecost Sunday
25	MON	
26	TUE	
27	WED	
28	THURS	
29	FRI	
30	SAT	
31	SUN	The Most Holy Trinity

Seminary Anthem



1.No - ble Go - a Rome of the East thou hast spread Chris-tian faith far and 2.On this land of storm and tem pest Let us keep Je - sus ban-ner un 3.Queen assumed in to hea-ven O Mar-ry Li - ving Pat - ro - ness e - qual to 4.Now the torch of our faith we hold high_ For no pay no re-ward, no









